

SALA HOT							
Hora	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	domingo
7:00	Hot Pilates	Hot Barre	Hot Power	Hot Pilates	Hot Barre		
8:00	Hot Barre	Hot Power	Hot Pilates	Hot Barre	Hot Power		
9:00	Hot Power	Hot Pilates	Hot Barre	Hot Power	Hot Pilates	9:30 Hot Pilates	9:30 Hot Barre
10:00	Hot Pilates	Hot Barre	Hot Power	Hot Pilates	Hot Barre	10:30 Hot Barre	10:30 Reformer
11:30						11:30 Reformer	11:30 Hot Power
12:30						12:30 Hot Power	12:30 Hot Pilates
13:15	Hot Barre	Hot Power	Hot Pilates	Hot Barre	Hot Power		
14:15	Hot Power	Hot Pilates	Hot Barre	Hot Power	Hot Pilates		
16:30		Hot Barre	Hot Power	Hot Pilates	Hot Barre		
17:30	Hot Barre	Hot Power	Hot Pilates	Hot Barre	Hot Power		
18:30	Hot Power	Hot Pilates	Hot Barre	Hot Power	Hot Pilates		
19:30	Hot Pilates	Hot Barre	Hot Power	Hot Pilates	Hot Barre		
20:30	Hot Barre	Hot Power	Hot Pilates	Hot Barre	Hot Power		
SALA REFORMER							
Hora	Lunes	Martes	Miércoles	Jueves	Viernes		
8:30	Reformer	Reformer	Reformer	Reformer	Reformer		
11:30	Reformer	Reformer	Reformer	Reformer	Reformer		
13:30	Reformer	Reformer	Reformer	Reformer	Reformer		
19:30	Reformer	Reformer	Reformer	Reformer	Reformer		
20:30	Reformer	Reformer	Reformer	Reformer	Reformer		