

SALA HOT							
Hora	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	domingo
7:00	Hot Pilates	Hot Barre	Hot Power	Hot Hit Abs & Hipo	Hot Barre		
8:00	Hot Barre	Hot Power	Hot Pilates	Hot Barre	Hot Power		
9:00	Hot Power	Hot Hit Abs & Hipo	Hot Barre	Hot Power	Hot Pilates	9:30 Hot Pilates	9:30 Hot Barre
10:00	Hot Pilates	Hot Barre	Hot Power	Hot Pilates	Hot Barre	10:30 Hot Barre	10:30 Reformer Classic
11:30						11:30 Hot Power	11:30 Hot Pilates
12:30						12:30 Reformer Classic	12:30 Reformer Classic
13:15	Hot Barre	Hot Power	Hot Pilates	Hot Barre	Hot Power		
14:15	Hot Power	Hot Pilates	Hot Barre	Hot Power	Hot Pilates		
16:30	Hot Pilates	Hot Barre	Hot Power	Hot Pilates	Hot Barre		
17:30	Hot Barre	Hot Power	Hot Pilates	Hot Barre	Hot Power		
18:30	Hot Power	Hot Pilates	Hot Barre	Hot Power	Hot Pilates		
19:30	Hot Pilates	Hot Barre	Hot Femme Dance	Hot Pilates	Hot Barre		
20:30	Hot Barre	Hot Power	Hot Pilates	Hot Stretch & Meditation	Hot Power		
SALA REFORMER							
Hora	Lunes	Martes	Miércoles	Jueves	Viernes		
8:30	Reformer Classic	Reformer Classic	Reformer Classic	Reformer Classic	Reformer Classic		
11:30	Reformer Classic	Reformer Classic	Reformer Classic	Reformer Classic	Reformer Classic		
13:30	Reformer Adv	Reformer Classic	Reformer Adv	Reformer Classic	Reformer Adv		
18:00	Reformer Classic	Reformer Adv	Reformer Classic	Reformer Adv	Reformer Classic		
19:00	Reformer Adv	Reformer Classic	Reformer Adv	Reformer Classic	Reformer Adv		
20:00	Reformer Classic	Reformer Adv	Reformer Classic	Reformer Adv	Reformer Classic		